



## Grateful Patients, Clinical Partners, and Corporate Donors Pathology's Biggest Champions

Pathologists at the forefront of patient-centered care is central to the CAP Foundation's vision. The See, Test & Treat® program—and its leadership development opportunities—wouldn't exist without dedicated pathologists, collaborative physicians from other specialties, supportive institutions, and generous corporate, non-profit, and individual donors.

At the center are patients like Tomeka Harps. In early 2017 Harps was diagnosed with invasive cervical cancer at a See, Test & Treat program at the University of Mississippi Medical Center (UMMC) at Jackson, Mississippi. All in a day, she was tested, diagnosed, and scheduled for follow-up treatment.

A year later, and cancer free, Harps was eager to share her story with dozens of other women who were attending the Foundation's unique free cancer screening event.

(Above) **CORPORATE DONORS** CVS Health presents a generous donation to the CAP Foundation. From left: Huzeifa Rajabali, CVS Health; Maryrose Murphy, executive director, CAP Foundation; Sang Wu, MD, FCAP, pathologist at IVFMD; Jeff Purl, CVS Caremark; and Marikay Martin, director of development, CAP Foundation.

(Right, top) **GRATEFUL PATIENTS** From left: Mildred Ridgway, MD, gynecologic oncologist, University of Mississippi Medical Center (UMMC); Tomeka Harps, cancer survivor; Kim R. Geisinger, MD, FCAP, the pathologist who diagnosed Harps' cancer at a UMMC See, Test & Treat program; and Bethany Sabins, UMMC nurse practitioner.

(Right, bottom) **CLINICAL PARTNERS** Patricia Chévez-Barrios, MD, FCAP, lead pathologist, and Joseph A. Lucci III, MD, gynecologic oncologist and former member of the CAP Foundation board, bring their specialties together in planning the See, Test & Treat program at Sunnyside Health Center in Houston last year.





## Clinical Partners Combatting the HPV Epidemic, Herbek Award Winner Reaches Out to Educate Women and Children

Mark J. Suhrland, MD, FCAP, a pathologist at Montefiore Medical Center in the Bronx (New York), saw a need and a solution.

Exemplifying the leadership role pathologists can play, Dr. Suhrland took it upon himself to focus on the crucial connection between viruses and preventable cancers. He could help by educating patients and the community about the dangers of human papillomavirus (HPV) and how to protect themselves and their children.

There were few better opportunities than Montefiore's annual See, Test & Treat event.

For his work with See, Test & Treat and public health awareness, Dr. Suhrland received the 2017 Herbek Humanitarian Award.

"I am very grateful to the CAP Foundation for this honor. I'm proud to share it with my staff and with our colleagues in pathology and in the other departments that participate in See, Test & Treat," said Dr. Suhrland.



At Montefiore, Jeffrey Ahlstedt, MD, second-year pathology resident, brings the images from an abnormal Pap smear into focus for a See, Test & Treat patient.

Assisted by a CAP Foundation grant, Dr. Suhrland is helping to raise awareness about HPV vaccination for pre-teens and teens. The funds are targeted to support the design and printing of health-education pamphlets in English and Spanish that patients can easily understand and take home to share with family and friends.



Mark J. Suhrland, MD, FCAP

The pamphlets explain the role HPV plays as a causative agent in cancer of the cervix and other body sites. They emphasize the important role of HPV vaccination in preventing HPV infection and inform parents that age 11 or 12 is the best time for girls and boys to receive the vaccine. Additional information will be embedded in a QR code, which is easily scanned by a smart phone.

Each year at the Montefiore's See, Test & Treat program, pathology residents invite program participants to examine laboratory specimens through double-headed microscopes.

"Pathologists are uniquely positioned to demystify the diagnostic process by showing and explaining laboratory images to patients," notes Dr. Suhrland.

"In the friendly, informal setting of our See, Test & Treat program, participants team up with our residents to gain an understanding of cervical cancer screening, transforming the Pap from an abstract concept to a physical object."

Health outcomes and milestones will be measured via a questionnaire, and will query returning patients about the vaccine status of their children. Patients enrolled in See, Test & Treat in future years will be tabulated for follow-up visits and vaccine rates of children, with approval by appropriate review boards.

"Our hope is that the new pamphlets, in addition to informing parents about HPV prevention, will help spread the word about our See, Test & Treat program in the communities where it's most needed," said Dr. Suhrland.

## CAP Staff Meets Challenge from Loyal Donor

Denise Mack and Greg Gleason know how to meet a challenge. As CAP employees, they responded to a challenge from Nicholas T. Serafy, Jr., a long-time, dedicated member of the CAP Foundation board of directors.



Nick Serafy

Serafy is a businessman from Brownsville, Texas. A husband, father, and grandfather, Serafy offered to match donations from the 630 CAP employees dollar-for-dollar up to \$20,000. Staff donations plus Serafy's challenge garnered more than \$40,000, one of the Foundation's largest gifts in 2017.

Serafy is upgrading his challenge to \$25,000 in 2018.

Employee-donors are proud to work for an organization that makes people's lives healthier.

"Both of my parents are immigrants," said Denise Mack, manager, learning technology, "and the challenge of caring for yourself when you have others to care for in a world where English may not be your primary language can be overwhelming. The Foundation strives to bring the care to those who may feel overwhelmed about seeing a doctor."

"I know the value of early and accurate cancer diagnosis and I want that for as many people as possible," said Greg Gleason, chief information officer.



Denise Mack and her family are dedicated donors to the CAP Foundation.

## Corporate Donors Sponsors, Clinicians, Patients Join Forces to Serve Women

Every See, Test & Treat program has its champions.

Nearly all of the women who receive free cancer screening at See, Test & Treat programs have limited access to health care. Thanks to the champions who volunteer their time and expertise, See, Test & Treat patients get that access.

For example, at a December See, Test & Treat program at the IVFMD Clinic program in Arlington, Texas, Sang Wu, MD, FCAP, said local Vietnamese women are at an increased risk of cervical cancer. According to Dr. Wu, the lead pathologist for this program, key factors include a high number of underinsured or uninsured families and language barriers.

"It was a multidisciplinary effort," said Dr. Wu, "among pathologists, primary care providers, nurse practitioners, medical students, pharmacists, and providers."

CVS Health—one of See, Test & Treat's corporate champions—made this program possible through its financial and educational support. Janus Jacobs, a nurse practitioner from CVS MinuteClinic, furthered the effort by educating more than 50 Vietnamese-speaking women with the help of volunteer interpreters. As smoking is a prevalent habit in the Vietnamese community, Jacobs and the CVS MinuteClinic provided smoking cessation materials and presentations.

CVS Health is one of the industry heroes that help to ensure the future of See, Test & Treat. Huzeifa Rajabali and Jeff Purl of CVS Health presented a check for \$50,000 at the program (see photo on the front page).

"We are proud to join the College of American Pathologists and the CAP Foundation to provide this vital care for the underserved community in Texas—where at-risk women continue to face significant barriers to care," said Eileen Howard Boone, senior vice president, Corporate Social Responsibility and Philanthropy, CVS Health.

"By supporting strong programs such as See, Test and Treat, more women are able to get the preventative screenings they need for conditions such as cervical and breast cancer and take steps to get them on their path to better health."



Janus Jacobs from CVS shows a flyer she and the CVS MinuteClinic distributed to See, Test & Treat participants in Texas to educate them on the health risks of smoking.



# Grateful Patients See, Test & Treat Programs Around the Country

**MISSISSIPPI:** Tomeka Harps (pictured on the front page with the clinicians who saved her life) met with dozens of women at the University of Mississippi Medical Center (UMMC) at Jackson, Mississippi, on a Saturday morning in January. Harps was diagnosed with invasive cervical cancer at a UMMC See, Test & Treat program a year earlier. Successfully treated, she has been sharing her story, and transforming the patients from tense to reassured.

107 women were seen, more than twice the participation at UMMC in 2017. Lead pathologists Stephen S. Raab, MD, FCAP, and Kim R. Geisinger, MD, FCAP, used pathology digital imaging (PDI) to test the hypothesis that cytotechnologist diagnostic accuracy interpreting Pap test digital images is equivalent to interpreting glass slide images.

**TEXAS:** At IVFMD Clinic in Irving, Texas, like so many other See, Test and Treat programs, primary barriers to care include having little or no health insurance and inability to afford co-pays. The clinic and the 30 clinic staff members and volunteers (pictured above) invested more than 160 hours of planning to ensure that the See, Test & Treat program at the IVFMD Clinic was a success. Sang Wu, MD, FCAP, was the lead pathologist, working with Jonathan Lam, MD, and BT Tran, program coordinators.

**NEW JERSEY:** In addition to a grant from the CAP Foundation, the Health Foundation of New Jersey sponsored the program at Rutgers Cancer Institute of New Jersey at University Hospital, Newark, last October. Of 63 Pap exams, three were abnormal; of 50 mammograms, 15 were abnormal; and among 20 HPV tests, there was one positive

result. All women with abnormal results were referred for follow-up.

Rutgers provided interpreters and educational materials in Spanish, Caribbean American (Portuguese), and Haitian Creole. Like many See, Test & Treat programs, Rutgers offered transportation and childcare services.

**MASSACHUSETTS:** More than 100 volunteers came together in March at the Cambridge Health Alliance (CHA) to provide Pap smears, breast exams, mammograms, HPV testing, and more for underserved women in the community. CHA Women's Health checked in 53 patients, most of whom had little or no insurance.

"The most important piece of all of the free care that we provided is that it possibly saved several women's lives," said Rebecca A. Osgood, MD, FCAP, lead pathologist at CHA. "There were four women who had abnormal Paps who are now able to receive follow-up care as well as a few women whose mammograms indicated the need to return for additional screening. Reaching these women is the reason everyone put a Herculean effort into organizing this event. I can't thank everyone enough for all they did to make See, Test & Treat run so smoothly."

## 2018 See, Test & Treat Program Pipeline

For a complete list of dates and locations of upcoming See, Test & Treat programs, please visit [foundation.cap.org](http://foundation.cap.org).

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# President's Column

## Our Mission: To Grow the Specialty



By Karim E. Sirgi, MD, MBA, FCAP

I became a Fellow of the College of American Pathologists (CAP) in 1997. At that early stage of my career, I didn't realize all the member

benefits and opportunities the CAP had to offer.

Over the years, as I became more deeply connected to the CAP, my connections to other Fellows became deeper and more beneficial, too.

At all stages of their profession, from residency to new-in-practice and throughout the journey to retirement, the CAP provides its members opportunities and support. I wish I had taken advantage of this endless treasure of knowledge and guidance sooner.

In addition to setting the standard of excellence and advocating for our specialty, the CAP, through the CAP Foundation, mobilizes pathologists to lead cancer screening programs and awards scholarships—all with an eye toward improving patient care. Further, these opportunities advance leadership development, informatics, translational diagnostics, and best practices in laboratory medicine.

I don't want our new pathologists to miss those opportunities. The CAP Foundation grants foster their dreams to support their specialty.

It's my turn—and yours—to help.

At the recent CAP House of Delegates meeting, the CAP president, R. Bruce Williams, MD, FCAP, said that there is much CAP members can do to save women's lives:

"It's because of you and your generosity that we're able to provide leadership opportunities for pathologists."

Our new mission statement recognizes that it takes leaders to bring excellence in health care to patients in communities that lack access to

preventive medicine. See, Test & Treat makes a profound impact because pathologists work within their own institutions and alongside their clinical colleagues to bring health care to communities in need.

Your generosity can also help the Foundation offer residents, Fellows and medical students access to leadership opportunities.

The CAP Foundation has recommitted to our mission to provide more scholarships that will help prepare the pathologist leaders of tomorrow. Also, the Foundation has established a new fund to invite deserving medical students to attend the CAP annual meeting: Strengthening the pipeline of future colleagues is also a goal of our Foundation.

Alvin M. Ring, MD, FCAP, has set a remarkable example of giving back, with a generous gift earmarked for the pathology leaders of tomorrow.

Dr. Ring, a member of the CAP Foundation Board of Directors, is not alone. Other leaders are also establishing donor-advised funds. They understand that by supporting our newest members, they are helping to grow the specialty and improving patient care.

CAP Foundation grants and awards help to create leadership opportunities for pathologists; and they, in turn, help to save lives.

Please get involved and help save lives, too.

### Hologic and Erin Andrews inspire us to "Change This Stat"

Kudos to Hologic, Inc., the CAP Foundation's largest corporate supporter, and a leading global health care and diagnostics company, for its new cancer awareness campaign.

Hologic enlisted television personality and cervical cancer survivor, Erin



Andrews, to encourage women to get tested for cervical cancer.

Every two hours, one woman dies of cervical cancer. Hologic and Andrews aim to change this statistic by mobilizing women to take control of their health and ensure they are being regularly tested for this preventable cancer.

Both Hologic and the CAP Foundation share a common value: That cervical cancer is preventable. Promotional programs like Hologic's and free screening programs like See, Test & Treat are helping to spread awareness and save lives.

### Spread the Word

Follow the Foundation, keep track of our updated See, Test & Treat program schedule, and help share our stories with the hashtag [#CAPFoundation](#) or [#SeeTestTreat](#).

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[twitter.com/capfndn](https://twitter.com/capfndn)

[foundation.cap.org/](https://foundation.cap.org/)

Donations are welcome at [foundation.cap.org/ways-to-donate/](https://foundation.cap.org/ways-to-donate/).

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## In This Issue:

- See, Test & Treat saving lives around the country
- Herbek Award winner reaches out to teens and pre-teens
- Partnering with Hologic, sportscaster Erin Andrews speaks out about HPV and cancer
- CVS Health adds smoking cessation to Texas See, Test & Treat program

## Mission

The CAP Foundation delivers charitable funding to improve patient care by:

- Mobilizing pathologists to lead cancer screening, diagnosis, and access to care in underserved communities.
- Awarding scholarships for training, research, and leadership to help prepare the pathologist leaders of tomorrow.