# See, Test & Treat® Program Overview

**See, Test & Treat® (STT),** the flagship undertaking of the College of American Pathologists (CAP) Foundation, is a free cervical and breast cancer screening program offered to women facing health disparities and/or socioeconomic, linguistic, and cultural barriers to health care. Most are without health insurance, never participated in preventive disease screenings or received health education, and do not have a medical home. The STT program is committed to connecting underserved women to preventive care and education.

STT is unique in that each program is:

* Organized so women receive screening, results, and a connection to follow-up or treatment in one- day in a local community hospital or clinic setting
* Offers culturally appropriate information and education

## Program Design

Pathologists who are members of the CAP volunteer to lead or co-lead programs. They recruit volunteer clinical colleagues and local clinics and hospitals to deliver free cervical and breast cancer screening, same-day results, and patient education to women in underserved communities within the United States.

In a single-day program, the care team provides clinical exams, Pap tests, mammograms, results, care plans, and culturally appropriate patient education. The CAP Foundation provides grants up to $20,000 to support STT programs.

Program sites have the flexibility to add a-la-carte testing services, thereby expanding available screenings based on identifiable community and medically driven needs. For example, sites may offer such cholesterol [lipid panel], diabetes, hepatitis B, hypertension to meet community needs. These items may be included in STT advertising, however, testing costs are not eligible for STT grant funding.

## Program Philosophy

See, Test & Treat**®** leverages women’s influence on the healthcare decisions of their families and in their communities to promote preventive screening and healthy behaviors. Through community and culturally appropriate education, individuals, families, and entire communities learn to navigate the health care system. They also learn about the positive impact of healthy lifestyle and behaviors for prevention of disease and improved health. Women are known to be influencer in the family and community. Women who participate in STT often share the knowledge they learn through STT programs with family and friends.

The program adheres to best medical practices; compliance with appropriate federal, state, and local health provider regulations for cervical and breast cancer screening, laboratory testing, and delivering the following services:

* A pelvic and breast exam, a Pap test with same-day test results, a mammogram with same- day or prompt results, and a connection to follow-up care or treatment when required;
* Consultation with a pathologist or clinician for discussion of the Pap test results;
* Ability to view cervical cells through a dual-viewing microscope or monitor;
* Access to interpreter services and translated educational materials.

## Program Goals

The goals of See, Test & Treat are as follows:

* Fulfill unmet health care needs
* Promote the importance of preventive screenings to women and the community
* Engage underserved women in routine healthcare within a healthcare system

See, Test & Treat accomplishes these goals by providing:

* Free cervical and breast cancer screenings with same-day test results
* Connection to a plan for care and treatment for women with abnormal cervical or breast results
* Culturally appropriate, translated education about the advantages of preventive care and healthy lifestyle
* Interaction with a pathologist to learn about healthy and unhealthy cells
* Creative partnership between health providers to enhance patient care
* Connection to financial assistance staff
* Connection to health insurance market place providers

# SEE, TEST & TREAT® PROGRAM PRESCREENING QUESTIONNAIRE

Your responses to these questions will help determine if you are ready to host a See, Test & Treat program. If you answer No to any of the questions, contact CAP Foundation Programs Staff for potential solutions (Julia Rankenburg at 847-832-7931 or jranken@cap.org).

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| **Host Site Name:** |  | | |
| See, Test & Treat® (STT) is a US-based screening program for women meeting the eligibility requirements as defined by the ACS/ACOG screening guidelines and face healthcare disparities, socioeconomic or other barriers to accessing routine healthcare. STT is not for women currently accessing care through the host hospital or clinic | | | |
|  | | **YES** | **NO** |
| 1. Have you identified a local community population with demonstrated need for a See, Test & Treat® program? | |  |  |
| 1. Are you a current CAP member or are you working with a CAP member? | |  |  |
| 1. Are you willing to lead or co-lead the planning, coordination, and on-site execution of a See, Test & Treat® program? | |  |  |
| 1. Do you have the support of your hospital or clinic or the commitment from a local healthcare facility to host a one-day screening program | |  |  |
| 1. Is the host site a 501(c)3 organization? | |  |  |
| 1. If no to question 5, can you identify a 501(c)3 organization to act as recipient and fiduciary of CAP Foundation grant funding? | |  |  |
| 1. Can you secure the volunteerism and support of the following stakeholders to assist with planning and hosting your See, Test & Treat® program:    1. Host site (Hospital/Clinic/Community Health Center)    2. Administration/Medical Director    3. Pathologist/Pathology Department    4. Laboratory    5. Gynecologist/Gynecology Department    6. Radiologist/Radiology Department    7. Medically Certified Interpreters    8. Patient Advocate/Community Outreach Department    9. Patent Registration    10. Financial Aid Department    11. Public Relations/Marketing/Communications | |  |  |
| 1. Do you have the capabilities in your hospital, clinic or nearby facility to provide the following services with same-day results:    1. Clinical pelvic exam    2. Pap test    3. Clinical breast exam    4. Screening mammography | |  |  |
| 1. For women who are diagnosed with abnormal cervical or breast results, does the host site have the capability to either provide same-day or timely additional procedures or tests for the following:    1. Colposcopy    2. LEEP    3. Mammogram (additional diagnostic views) | |  |  |

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| --- | --- | --- |
|  | **YES** | **NO** |
| 1. For women who present with abnormal cervical or breast results, is there a referral system in place for connecting women to necessary care and treatment? |  |  |
| 1. Can you secure culturally sensitive, patient-centered, translated education? |  |  |
| 1. Will your See, Test & Treat® program include culturally sensitive, patient-centered health information on any of the following topics:    1. What is a Pap test?    2. Why is cervical cancer screening important in maintaining a women’s health?    3. What is a mammogram?    4. Why is having a mammogram important in maintaining a women’s health?    5. Demonstration or information about how to perform a self-breast examination.    6. The opportunity to view slides of healthy and abnormal specimens with a pathologist or pathology resident.    7. Opportunity for patients to discuss their results with a pathologist.    8. Education about healthy lifestyle.    9. Education or demonstrations about healthy nutrition.    10. Information about eligibility requirements for financial aid or charity program, state or federal program or health insurance marketplace exchange.    11. Other (please list/describe) |  |  |

By selecting the "I Accept" button, you are signing this form electronically. You agree your electronic signature is the legal equivalent of your manual signature on this form.

I Accept - Lead Pathologist Signature

I Accept - Authorized Institutional Leadership Signature