



College of American Pathologists
FOUNDATION
Connecting Communities Through Pathology



SEE, TEST & TREAT®
CASE FOR SUPPORT

foundation.cap.org

INTRODUCTION



OUR MISSION

The CAP Foundation's mission is to improve people's health by:

- Developing tomorrow's pathology leaders through awards for advanced training, research, and education.
- Mobilizing pathologists to expand health equity in medically underserved communities within the US and globally.

OUR VISION

Our vision is that pathologists are equipped to bridge health disparities and enhance outcomes globally.

OUR PROGRAM

Our flagship initiative, See, Test & Treat[®], pioneered by the late pathologist Gene Herbek, MD, FCAP in 2001, and adopted by the CAP Foundation in 2011, offers institutions across the US with funding to host programs that strive to break down the barriers experienced by medically underserved individuals (i.e., lack of insurance, transportation, language, and childcare issues) and provide access to free preventative health screenings.



WHAT IS SEE, TEST & TREAT?

A one-day, pathologist-led screening and health education program that brings the power of diagnostic medicine to medically underserved populations with the goals of:

- Addressing health disparities by reducing barriers to care for medically underserved people through health care system partnerships.
- Empowering prevention by delivering dignified screenings with prompt results and health education.
- Connecting patients and their families to a medical home and resources within their own communities.

See, Test & Treat meets the highest standards of quality and has been recognized by the American Society of Association Executives (ASAE) for its impact on communities across the US.

Beginning in 2026, See, Test & Treat is evolving to better meet the needs of medically underserved populations. Patients have the opportunity to access free cervical cancer screenings plus at least one other screening with prompt results, connection to follow-up care, interpretive services, impactful health education, and take-home, translated educational materials. Grantees have greater flexibility to customize their program to meet community needs by offering cervical cancer screenings plus one or more additional disease screenings for conditions that can be cured or controlled more effectively if caught early, such as breast cancer, colon cancer, lung cancer, sexually transmitted infections, HIV, iron-deficiency anemia, diabetes, and cardiovascular disease.

This expansion in screenings increases pathologists' abilities to lead initiatives, making a positive impact within their communities, helping institutions foster stronger neighborhood partnerships and interdepartmental relationships, and connecting more individuals to area resources, resulting in healthier lives for patients and their families.

HOW DOES SEE, TEST & TREAT WORK?

The lead pathologist partner recognizes the need for a See, Test & Treat program in their community, identifies and recruits other partners and resources needed to implement the program and selected screenings, and applies to the CAP Foundation for a grant.

The CAP Foundation evaluates applicants on their ability to deliver the five core components*, a demonstrable community need, and, if applicable, performance in past See, Test & Treat programs. Selected applicants are awarded up to \$20,000 in grant funding, along with access program branding, program management support and a toolkit to assist in program implementation in their community



FIVE CORE COMPONENTS*

1. Provide free cervical cancer screenings and at least one other health screening from a list of Supported Screenings that addresses a need in the grantee's priority medically underserved population.
2. Deliver screening results to patients within 5 business days through a health professional, either in person or by phone
3. Offer culturally and language-appropriate health education regarding the importance of the screenings provided and what to expect; the role that pathologists play in these screenings; What an abnormal result means; and follow-up steps for abnormal results
4. Connect attendees with resources about health insurance, financial assistance, and where to access future preventative care, as well as connecting patients with abnormal results to necessary follow-up care.
5. Leverage the program to increase the visibility of pathology within the host institution and the community

WHAT'S THE IMPACT?

COMMUNITY

Between 2011 and 2025, over 110 programs have connected more than 9200 patients across the US with free breast and cervical cancer screenings. Over the last 3 years, 90% of patients served were uninsured or underinsured.

- 18% of breast cancer screening results and 7% of cervical cancer screening results were abnormal resulting in patients being connected to follow-up diagnostics and care, regardless of their ability to pay.
- 89% of patients reported a better understanding of why they should get screened for breast and cervical cancer and how often to get screened.
- 90.3% of patients reported feeling more comfortable going to the doctor after attending the program
- 97.7% of patients reported feeling more confident that they will seek annual screening

PATHOLOGISTS AND INSTITUTIONS

Each program is led by a pathologist, a physician who oversees the analysis of body tissues, fluids, and organs to diagnose diseases and guide treatment, often working behind the scenes in laboratories and consulting with clinical doctors.

Lead pathologists reported that, as a result of their involvement in a See, Test & Treat program, they learned how to organize an event, gained leadership skills, and developed a better understanding of the community they serve and how their institution operates.

See, Test & Treat embodies the leadership and critical role pathologists play on multidisciplinary teams in the delivery of patient-centered care.

- Connecting institutions to their communities, delivering better health care
- Connecting and networking with clinical care team members
- Connecting trainees to a greater sense of purpose

A survey of lead pathologists revealed:

- 90% felt that holding a See, Test & Treat program
 - Improved relations between the pathology department and other specialists and increased recognition of pathologists contributing to patient care
 - Made providers and institution staff feel personally gratified
- 80% felt that participating in See, Test & Treat provided their pathology residents with an increased sense of purpose and an increase in their enthusiasm for their work

SAVING LIVES

DIANE'S STORY

For thirty years, Diane Duggan lived without health insurance.

If she got sick, she went to a Minute Clinic. If she got really sick, she went to the emergency room. Preventive care simply wasn't part of her world. It was too expensive and out of reach. "I didn't think about mammograms or Pap tests," she says. "You just deal with what's in front of you and hope for the best."

Then came a phone call that changed everything. A staff member from Cambridge Health Alliance invited her to attend a See, Test & Treat program.

When she walked into the hospital that morning, she expected waiting rooms and paperwork. Instead, she was met with smiles, colorful decorations, and volunteers who treated her like family.

That day, Diane received her first mammogram in decades. A few days later, she got a call: the screening found something. Follow-up testing confirmed early-stage breast cancer.

Because of See, Test & Treat, Diane's cancer was caught early and today, she's cancer-free.



It was like walking into a place where people already cared about me. It was like winning the lottery.”

Diane Duggan

HOW CAN YOU GET INVOLVED?

Our programs depend on strong community and national partnerships. Support from corporations, health care institutions, non-profit organizations, and community leaders are key to program success and sustainability.

The CAP Foundation offers several ways to get involved and help sustain the See, Test & Treat® program.

1. Apply for a grant to host a See, Test & Treat program
2. Commit to a sponsorship
3. Partner with us to enhance the program
4. Donate to support current and future programs

At a time when access to healthcare is uncertain for many, **YOUR INVESTMENT** helps the CAP Foundation expand and further extend its impact to those who need it most. For more information on the program and supported screening services, check out <https://foundation.cap.org/see-test-treat/>.





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