Depending on the day, you probably feel like I do: that these last six months seem like both the shortest and longest of our lives. To think that earlier this year we might have been looking forward to a spring break vacation with family, the opening day of Major League Baseball, or—for us here at the CAP Foundation at least—the first See, Test & Treat programs of the year.

Instead we’ve lived a time of anxiety, confusion, exhaustion, and loss. But it has also been one of hope, dedication, and steadfast resolve. This latter part especially rings true to the many health care professionals who have dedicated their time and risked their wellbeing to serve patients.

I’ve spoken with many pathologists and laboratory professionals over the past several months who, through the exasperation and difficulties, are prouder than ever of the work they do to improve the health of people everywhere.

In line with the specialty and its practitioners, the CAP Foundation continues to support pathologists at the forefront of patient care. We were happy to run and walk in support of See, Test & Treat during the Foundation’s virtual 5K and thank you to all those who helped raise funds. To provide much-needed care during difficult times, eight See, Test & Treat events are scheduled to go forward with enhanced safety precautions in 2020, while four host sites have opted to reschedule for 2021 to best serve the health and needs of their communities.

The CAP Foundation is also broadening its reach outside the US with the Gerald R. Hanson, MD, FCAP, Global Pathology Fund, established in late 2019 to advance the specialty in under-resourced areas of the world. Backed by a new steering committee, the fund will support the Foundation’s focus on training and education, leadership, and patient care. I hope you will join us in supporting new initiatives and opportunities for CAP members to have a global impact.

While we look forward to new opportunities, this newsletter also revisits some of our most cherished and impactful stories highlighting the late Gene N. Herbek, MD, FCAP, and his lasting legacy with the CAP Foundation’s work in underserved communities through See, Test & Treat.

Thank you for your dedication to pathology and patient care as you continue to work through a pandemic. Your diagnoses guide the treatments of countless patients. We hope to see you online at the all-virtual CAP20 where we’ll celebrate our many successes for patient care and recognize our 21 Foundation award recipients.

Sincerely,
Guillermo G. Martinez-Torres, MD, FCAP
Inspired by his many years of international travel and the work of his colleagues leading health initiatives in Africa and Southeast Asia, Gerald Hanson, MD, FCAP, has established the CAP Foundation’s new Global Pathology Fund with a generous donation to support pathology initiatives in medically under-resourced areas around the globe.

“These [places] have low economic resources, limited health care budgets, limited laboratory services, and in most cases a paucity of specialty trained pathologists,” he said. “Addressing this fits the domain of the Foundation.”

The CAP Foundation’s Gerald R. Hanson, MD, Global Pathology Fund was established in October 2019 to advance the specialty with a focus on training and education, leadership, patient care, laboratory quality, and research.

Dr. Hanson envisions many opportunities for global pathology initiatives, all of which will be considered by a newly formed committee to allocate and award funding. The Foundation will begin by assessing current CAP member interest in global pathology initiatives and gathering data on current international activities.

For pathologists, Dr. Hanson wants to continue and expand the Foundation’s mission to support leadership and educational opportunities for both international laboratory professionals and those in the US interested in international outreach. Educational programs, hosted by US pathologists, could share knowledge, expertise, and best practices on emerging technologies like digital pathology through onsite or remote learning programs.

There are also opportunities for partnerships with other professional societies to achieve common goals, according to Dr. Hanson. By working with pathology, oncology, or other specialty organizations, the CAP Foundation and funding recipients could more effectively affect meaningful change.

Dr. Hanson and the Foundation are also looking for existing global projects with cervical and breast cancer programs for which the new Global Pathology Fund could provide additional support to directly reach international patients and the pathologists who guide their care.

One of the significant successes of the CAP Foundation has always been its ability to provide new leadership opportunities to pathologists while simultaneously highlighting their role in the care community. Dr. Hanson said, “The CAP Foundation provides a demonstrative expression of the pathologist’s heart and values for people.”

Dr. Hanson is a longtime supporter of the CAP Foundation and has served as a member of the CAP Board of Governors, where he first discussed the idea of global health initiatives. Based on the passion of pathologists and their clinical partners, Dr. Hanson is confident this is beginning of a program with significant, far-reaching impact.

“I think there is greater interest in global pathology than may be evident on the surface,” he said. “I am convinced that pathologists have a big heart and understanding their empathy and compassion should draw them to become engaged supporters of the global pathology program in significant numbers.”

Dr. Hanson continued, “The CAP Foundation has been addressing health equity domestically for nearly a decade with the award-winning See Test & Treat program. The Global Pathology initiative builds on this and extends the Foundation’s reach to address health equity globally.”
Leadership and compassion aren’t always closely associated, but Gene Herbek, MD, FCAP, knew their intertwined relationship. He embodied both qualities as a prominent leader in the field of pathology and a compassionate champion for health care in underserved communities.

Dr. Herbek died on June 4, 2020, after a lifetime as a practicing pathologist leader, philanthropist, volunteer, husband, father, and friend.

**Role in See, Test & Treat**

He is best known to the CAP Foundation for his role in founding their signature program ‘See, Test & Treat,’ which has provided free breast and cervical cancer screening to thousands of women across the US since Dr. Herbek hosted the first event at Standing Rock Indian Reservation nearly 20 years ago.

At the time, Native American women had the highest rate of cervical cancer in the US and one of the lowest survival rates. Seeing that urgent need, Dr. Herbek worked to develop a welcoming environment to provide free high-quality care to the patients who needed it most.

Dr. Herbek continued to serve at-risk patients over the years by hosting more See, Test & Treat programs, including programs in Omaha, Nebraska, where he invited patients to “ask a doc” and get behind a microscope to take a look at slides containing both normal and cancerous cell giving him the opportunity to educate patients on how pathologists diagnose cancer.

**Legacy with the Foundation**

His legacy of community outreach and philanthropy didn’t end at onsite health care events. The Herbek family continued their involvement with the CAP Foundation, providing support, donations, and guidance to staff and members.

In 2011, the Gene and Jean Herbek Humanitarian Award was established to recognize pathologist leaders who have made innovative and unique contributions to advance the See, Test & Treat program. The award is named in honor of Dr. Herbek’s outstanding service, as well as that of his wife, Jean, who carries on his commitment to the cause.

CAP Foundation President Guillermo G. Martinez-Torres, MD, FCAP, said, “Gene’s passing is a great personal loss to everyone who knew him, but also, to all the patients he served and the action he inspired and built at the CAP Foundation.”
Support Dr. Herbek’s legacy and share a memory at www.justgiving.com/campaign/herbek

Involvement with the CAP
Before Dr. Herbek’s impactful work with the CAP Foundation, he deployed the same level of leadership, passion, and service to other areas of the larger CAP organization in his over 30 years of active membership.

He served in many roles on committees and project teams, both scientific and member oriented. Some of his involvements include the House of Delegates, Finance Committee, Investment Committee, Risk Management Committee, Practice Management Committee, and New in Practice Committee in addition to many years on the Board of Governors as a governor and officer.

His leadership roles culminated in his election to CAP president, serving honorably from 2013 to 2015.

Dr. Herbek reflected upon completing his term as president and receiving the CAP Pathologist of the Year award. “Choosing pathology as my specialty in medicine was a life-changing decision,” he said. “The impact on my life was amplified a thousand-fold when I became a member volunteer of the CAP.”

Dr. Herbek was an influential leader, mentor, and colleague to an untold number of CAP members and future leaders.

“It was our collective honor to have known and worked with such a wonderful man,” current CAP President Patrick Godbey, MD, FCAP, said. “We have lost a terrific leader.”

Continuing His Legacy
Dr. Herbek made a lasting impact not only on the CAP Foundation and the CAP, but on thousands of pathologists, doctors, and—perhaps most importantly—the very real lives of the patients in his care and those who will continue to benefit from the vision of his leadership and compassion.

Read the full story and consider contributing to the CAP Foundation in Dr. Herbek’s memory at foundation.cap.org.
Leaving a Legacy: Catching Up with Herbek Humanitarian Honorees

Pathologists lead patient care. It’s at the center of the CAP Foundation’s vision: to support all pathologists to be leaders in their communities and at the forefront of patient-centered care.

And one would be hard pressed to find better examples of this leadership than the honorees of the Gene and Jean Herbek Humanitarian Awards, which since 2011 has recognized pathologists who have made innovative and unique contributions to advance patient care through the See, Test & Treat program.

The award’s namesake, Gene N. Herbek, MD, FCAP, contributed a lifetime of work to the specialty and to high-quality, inclusive patient care. The CAP Foundation wanted to look back on and catch up with a few Herbek award winners who continue that legacy with a significant devotion to leading the laboratory and care teams in effective initiatives.

An early innovator in the See, Test & Treat program, Bradley M. Linzie, MD, FCAP, used the opportunity to connect with patients outside the laboratory, showing them slides from a Pap test underneath the microscope as he explained the test and results, oftentimes through an interpreter. He was not only able to teach patients about the importance of preventative care, but it highlighted his own work in a new light.

“All the women were amazed to see what their own cells looked like. But there were also other wide-ranging reactions,” said Dr. Linzie.

“A 55-year-old woman wept with joy at a normal first-ever Pap test. That reaction has stuck with me ever since. Prior to that moment I did not realize the torrent of pent up anxiety that this simple test could release, and I will never again look at a normal Pap slide and think it is dull.”

Mark J. Suhrland, MD, FCAP, also finds that the unique approach of See, Test & Treat helps make the work of the laboratory more real for the patients, showing them how pathologists diagnose disease and ensure people are healthy every day.

He also knows the real impact it has on the care team and volunteers, particularly residents.

“I think it helps us educate residents as to the possibility of expanding pathologists’ role in health care,” said Dr. Suhrland. “It serves as an example of thinking outside the box in terms of different ways to go about this.”

The volunteer pathologists who host See, Test & Treat provide their clinical teams with a unique experience to provide life-saving preventative care directly to at-risk patients. Patients and their families also learn more about services in their community while getting behind the microscope with the experts.

In the pages of Archives of Pathology & Laboratory Medicine, Barbarajean Magnani, PhD, MD, FCAP, reflected on a speech of Dr. Herbek’s that would inspire and enrich her continuing dedication to pathology and patients.

“Dr. Herbek spoke about his experiences in the early days of See, Test & Treat, and his reward from sharing test results with his patients—a true doctor patient interaction,” writes Dr. Magnani.

“I was inspired, motivated, and challenged. That a pathologist could drive a patient-centered program fueled my desire to emulate the man who created this program.”

The CAP Foundation, alongside partners like those following in the legacy of Dr. Herbek, envision pathologists at the forefront of care, leading new initiatives at their institutions where they are recognized for their efforts and expertise by both their clinical colleagues and patient communities.
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Spread the Word

Follow the Foundation, keep track of our updated See, Test & Treat program schedule, and help share our stories with the hashtag #CAPFoundation or #SeeTestTreat.

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